

Date: 14/11/2022

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MEN'S IMBIZO EMPOWERMENT DAY IS HAPPENING

The Employee Wellness and Special Programmes Units will be hosting a Men's Imbizo Empowerment Day on 16 November 2022 in Hogsback, Alice. November, the month formerly known as Movember, is when brave and selfless men around the world grew a moustache and women stepped up to support them, all to raise awareness and funds for men's health specifically prostate cancer, testicular cancer, mental health and suicide prevention. The empowerment day aims to highlight and emphasise men's contributions to the nation, society, community, family, marriage, and childcare.

ALL MEN ATTENDING MUST PAY ATTENTION TO THE FOLLOWING:

Transport will leave Bhisho at 7am for Hogsback. Hiking will begin at 8am from Kat Leisure Hotel to Madonna and Child Waterfall. Medals will be awarded to those who finish hiking. Participants will then go back to Kat Leisure Hotel for the formal awareness session on: promotion of mental health and management of chronic illnesses, substance abuse, financial education, Gender Based Violence and Femicide, Manhood (fatherhood, maintenance, emotional intelligence and healthy communication patterns).

SPACE IS LIMITED, RSVP ON TIME. For more information please contact Mr V. Nkomombini on 040 960 7639 or Ms D. Terblanche on 040 960 7211 or send an email to Vuyisile.Nkomombini@eccogta.gov.za or Danielle.Terblanche@eccogta.gov.za or visit them at the Employee Wellness Programme Unit in Block F Business Village.



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