

Date: 2/06/2023

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### **GEMS HAS YOU AND YOUR DEPENDANTS COVERED FOR THE FLU VACCINE, PAYABLE FROM RISK-BENEFIT**

Getting the flu vaccine every year is the best way to protect yourself and your loved ones against the flu. Everyone is at risk of getting the flu and should be vaccinated. Untreated flu may lead to complications such as Bronchitis, Pneumonia and worsening of other chronic conditions. You will be better protected by getting your vaccine as early as possible typically at the start of the flu/winter season. The flu vaccine will boost your immunity or defence against Influenza Viruses. Be healthy without using your day-to-day benefits!

- Your flu vaccine is covered in full by the Scheme and will not deplete your savings or day-to-day benefits.
- The flu vaccine is available to all GEMS members and their dependants- across all options.
- Every GEMS beneficiary is eligible for one flu vaccine per year.
- You can visit and speak to your network pharmacy or doctor (GP) to get the flu vaccine.
- Book your flu vaccination appointment today.

**Vaccination against the flu remains your best defence. So don't wait until it's too late! For further enquiries please contact Employee Wellness Programme in Block-F Business Village for further assessment and intervention or email them at [Vuyisile.Nkomombini@eccogta.gov.za](mailto:Vuyisile.Nkomombini@eccogta.gov.za) or 040 940 7639.**

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